



RE-IMAGINING A WORLD WITHOUT VIOLENCE

Plymouth Congregational Church

Saturday, January 27, 2018

www.re-imaginingcommunity.org

Join us for an exciting day-long conference examining non-violence, peace, and healing - particularly through the lens of faith, with attention to the individual, family, and community.

Mission

We are an ecumenical, radical, Christian movement. Together we pursue creative and relevant ways of understanding Womanist, Feminist, Mujerista, and Asian Feminist theologies, opening space for dialogue with the church, diverse religious communities, and the world. We are impassioned to participate in Re-Imagining by our love and search for God, justice, and a challenging, empowering, and inclusive church.

History

In November 1993, the first Re-Imagining Conference took place in Minneapolis. 2,000 people from around the world gathered to hear a variety of women theologians re-imagine God, Jesus, Creation and much more. Participants were challenged... created... laughed, sang and danced! After the event

there was a backlash. The right wing of some mainline denominations denounced presenters, organizers, and participants. They accused them of heresy and actively tried to silence their voices. Despite this, Re-Imagining continued holding conferences over the next ten years, publishing a magazine and maintaining a presence. In 2013 Re-Imagining held a reunion, reincorporated and is moving forward. Previous events' recordings are being digitized, materials are being archived, a website and Facebook page have been set up (see below), and we are anticipating a variety of events celebrating the 25th anniversary from November 2017-November 2018. Participating organizations in the Minneapolis - St. Paul area include: Hennepin Avenue United Methodist Church, Plymouth Congregational Church, United Theological Seminary of the Twin Cities, Wisdom Ways and Hamline University.

Registration Information

Registration Questions? Contact Carrie Sauter, 651/231-0493, or Sarah Lehman, 612/437-0563, at reimaginingcmty@gmail.com.

Register online at
www.plymouth.org/explore/adult-spirituality/

Online registration is available until Tuesday, January 23, 2018 at 10:59pm CT. Day of registration will be available at the conference.

Full and half scholarship available upon request. Please contact Carrie Sauter at reimaginingcmty@gmail.com.

Pricing:

\$35.00 Student Registration

\$60.00 Early Bird Registration
(November 13, 2017 to January 15, 2018 at 10:59pm CT).

\$75.00 Regular Registration
(January 16, 2018 to January 23, 2018 at 10:59pm CT).

Cancellation Policy:

Full refund provided through January 10, 2018 at 10:59pm CT.

Half refund provided from January 11, 2018 to January 23, 2018 at 10:59pm CT.

No refund after January 23, 2018.

General Information

The Conference is from 8:00am (doors open) to 5:00pm.

Enter the church from the main door (no. 1), which faces LaSalle Avenue. The church is handicap accessible.

Parking is available in the church parking lot accessible from Franklin, LaSalle and Nicollet Avenues.

Workshops are offered during four different sessions with two in the morning and two in the afternoon. Many of the workshops are offered multiple times throughout the day. Workshops are 45 minute sessions unless indicated otherwise.

When registering for the conference, please select workshops in four sessions making sure that each of the session options has been selected: A, B, C and D.

A few workshops are designed to be in sequence and are designated by multiple session letters/numbers (ex: A1/B1). These workshops are two session 90 minute workshops. If this designation occurs, do not register for another session at that time.

Early Bird Registration is encouraged (November 13, 2017 to December 31, 2017 at 10:59pm CT). Space in workshops is limited. Workshops may be cancelled due to low registration.

Conference Schedule

Registration: 8:00am - 8:45am

Gathering: 8:45am - 9:45am

Session A: 10:00am - 10:45am

Session B: 11:00am - 11:45am

Lunch: 12:00pm - 1:30pm

Session C: 1:45pm - 2:30pm

Session D: 2:45pm - 3:30pm

Sending: 3:45pm - 4:45pm

Lunch and a Play

Box lunches will be provided with your registrations. Lunch will be available in Jackman Dining Room from 12:00-1:30pm.

All boxes include gluten-free chips, fresh fruit salad with berries & mint, cookie or gluten-free brownies and a beverage (water or soda).

Choose one of the following box lunch options when you register for the conference:

Sandwiches (with Roma tomatoes & romaine)

- Egg avocado salad
- Tuna salad or
- Smoked turkey & Swiss
- Hummus Wrap (Vegetarian)
- Fresh Veggie Sandwich (Vegetarian)
- Garden Salad with homemade dressing and choice of tofu / portobello mushrooms / or chicken (Gluten free option)

During the lunch hour, the play **Dismantling White Supremacy: A Prophetic Approach**, by **Seth Patterson** will be performed in the Sanctuary, time to be determined. This short two person play is an exploration of whiteness and white supremacy and how we can learn from those who speak prophetically to dismantle it.

Be sure to attend the play if you plan on participating in workshops C2 and D2: Dismantling White Supremacy: A Discussion. See Session C for more information about these workshops.

The Chapel will be reserved as a quiet space for personal reflection, prayer and meditation.

A1

Facing Trauma: Using Vulnerability & Compassion to Re-create a World Beyond Violence

with Sara Wilhelm Garbers

When vulnerability and compassion is connected with justice, it can become a means to both heal trauma and to re-imagine/re-create a world beyond violence. Come explore ways for thinking through the reality of suffering and trauma, along with how this can be faced and held/healed by vulnerability, compassion, and justice (including the work of Brené Brown, Martha Nusbaum, MLK, Jr.). With this framework, we will use our whole selves and the arts (dance, ritual, music, poetry) which will offer pathways for re-imagining and re-creating our world beyond violence.

Sara Wilhelm Garbers teaches at United Theological Seminary. Her work centers on Trauma and Memory and how embodied practices move us toward wholeness and healing from trauma and violence.

A2/B2*

90 Minute Session

Re-Imagining Peace through Dialogue: Circles of Understanding for Home, Community & World

with Jean E. Greenwood

In times of conflict and change, what practices could we learn and engage in with others, that would prevent verbal and physical violence? What are the places in your family, community, world that could benefit from dialogue and bring peace? Circles of Understanding, derived from aboriginal/native communal and spiritual tradition, bring people together to engage in thoughtful, honest, respectful dialogue. Circles are used in restorative justice, find resonance within faith traditions, and highlight interconnectedness, interdependence, and equality within the community. Come experience the possibilities and develop your own physical, mental, emotional and spiritual habits of peacemaking. (Limited to 12 participants)

Jean Greenwood is an educator/trainer, restorative justice/conflict transformation specialist, Presbyterian (U.S.A) minister, and mediator/facilitator, working to cultivate vibrant people and communities.

A3/B3*

90 Minute Session

I See You: The Evolution of the Beloved Community

with Sherri Orr and Dorothy Nins

How we SEE and perceive others and the world begins at birth. Every moment of our life impacts our ability to imagine life without violence, yet we must establish behaviors and language, norms and guidelines, that affirm and support the opportunities to reduce and eliminate violence. Experience exercises that will challenge you to think, behave, and strategically plan to transform your communities toward a more beloved community. Go home with a toolbox and an experience to increase the possibility for civility and peace for individuals, households, and communities.

Sherri Orr is a music minister in faith communities, director of Hamline University Gospel Choir and a Race Reconciliation Facilitator. Dorothy Nins is a social justice activist, civic leader, engaged communities in difficult conversations, and a Career and Life Coach.

A4

Gender-Biased Violence in Faith Communities

with Amy Blumenshine

Women seeking justice; church seeking justice; women seeking church. How do we talk about the inherent gender-based violence that church language and structures unintentionally promote? In a new curriculum in one mainline denomination (Faith, Sexism, and Justice), this is addressed. How might we, who are in faith communities, learn how to live more wholly and call our institutions and faith communities to do the same?

Amy Blumenshine is a Deacon in the mainline Lutheran Church (ELCA).

Session A

Workshops
10:00 - 10:45am

A5/B5* 90 Minute Session

Comfort, Cold Anger, and White Silence

with Debra Rodgers

White privilege exists. We need to be able to recognize both to do anything about them, and unless we are actively dismantling our white privilege, we are complicit in its preservation. Racism exists. Where racism exists, violence exists, and it is a white problem. When Malcolm X was asked how white people could be allies Black people in 1964, he responded: "Where the really sincere white people have got to do their 'proving' of themselves is not among the black victims, but out on the battle lines of where America's racism really is — and that's in their home communities; America's racism is among their own fellow whites. That's where sincere whites who really mean to accomplish something have got to work." Join us as we discover the roles comfort and white silence play in perpetuating racism. Are you curious about the role of cold anger? You're not alone.

Debra Rodgers is a leader for racial justice, having trained and worked with some of the leading racial justice organizations. In personal experience, raising children and grandchildren in a bi-racial and bi-cultural household has given her an intimate experience of these issues.

A6/B6* 90 Minute Session

Storytelling to Change the World

with Shannon TL Kearns

Instructors from Uprising Theatre Company will combine practical and hands-on training in how to tell effective personal stories and how to use those stories in the work for justice. You will be provided a model to tell your own stories, how to craft stories for maximum impact, and how to present stories in different settings. Whether your work is about ending violence against women, fighting sex trafficking, working to parent and partner non-violently, or simply helping people to envision a world where we are free of violence, stories matter. Learning to tell better stories helps us to live into a new world.

Shannon TL Kearns is the Artistic Director of Uprising Theatre Company, and will be accompanied by another member of the company.

A7

A Conversation about Gun Violence: Building Community and Taking Action to Prevent It

with Erin Zamoff

All Americans are affected by gun violence – as a survivor, or a worried parent, or a compassionate person. Every day 93 Americans are killed with guns - seven are children. We must be willing to find common ground with others, including those who have different beliefs. We must be willing to build community. Learn how to talk about gun violence even with people who hold very different views. Learn and practice telling your own personal stories and reasons for opposing gun violence. Leave with ways to make change – ranging from 2-minute actions to longer-term commitments to preventing gun violence.

Erin Zamoff is the Minnesota chapter leader for Moms Demand Action for Gun Sense in America

A8

Non-Violent Communication: Introduction

with Yvette Erasmus

Nonviolent Communication (NVC) has been described as a language of compassion, a spiritual practice, and a tool for positive social change! NVC gives us the tools and consciousness to understand what triggers us, to take responsibility for our reactions, and to deepen our connection with ourselves and others, thereby transforming our habitual responses to life. Ultimately, it involves a radical change in how we think about life and meaning. This session will provide a broad introduction to the principles and components of this powerful communication model; afternoon sessions will focus on specific relationships.

Yvette Erasmus is a psychologist and writer who focuses on deeply understanding implicit social-emotional dynamics that drive conflict and increase human suffering and violence. Her work integrates a unique blend of humor and wisdom, openness and honesty, and a deep generosity of self and spirit.

A9/B9* 90 Minute Session
Self-Compassion: Creating a World Without Violence

with *Mary Garcia and Carolyn Kolovitz*

Our religious communities have a history of extolling the necessity of humility and selflessness for spiritual growth; this makes sense for those granted esteem due to gender, race and class. Yet for those who feel diminished by cultural norms, the experience is different. Through a combination of personal reflection, interactive story sharing, and creative activities, come explore opportunities for increasing compassion for others – as well as for ourselves – as we work to create a less violent world.

Mary Garcia and Carolyn Kolovitz are part of the Loyola Spirituality Center in St. Paul, and counsel survivors of sexual/domestic violence, along with youth impacted by trauma.

A10/B10* 90 Minute Session
Beyond Sanctuary: Inherent Violence in the Immigration System

with *Daniel Romero and Rebecca Voelkel*

Part 1 – From the moment an immigrant takes the first step in their journey towards the U.S., they encounter violence. Once they arrive in the U.S., violence is ever-present, no matter how brief or long their stay. As long as they remain an immigrant, violence will be an unavoidable part of their life.

Part 2 – As people of faith, God reminds us of the highest law, “To love God with our entire being and to love the immigrant as we love ourselves.” Love is an action word. Imagining a world without violence means working towards that world, which means we are called to actively resist and courageously intervene where violence against the immigrant exists.

Daniel Romero is a minister for faith formation in the MN United Church of Christ and previously worked as a community organizer around immigration reform and creating Sanctuary Coalitions. He is a former member at Southside Presbyterian Church (Tucson) where the modern Sanctuary Movement began.

Rebecca Voelkel is a minister in the United Church of Christ and serves as the Director of the Center for Sustainable Justice. She is an author of 3 books on justice (most recent in 2017), including “To Do Justice: A Study of Welcoming Congregations,” and has served in positions working for sexual and gender justice.

A11/B11* 90 Minute Session
Sexual Exploitation and Trafficking: How to Identify and Respond

with *Beth Holger-Ambrose and Terry Forliti*

Two leaders from the anti-trafficking field will give an overview of the issue of sexual exploitation and trafficking. You will learn how to identify sexual exploitation and trafficking, how to respond respectfully and appropriately, and what resources are available for victims and survivors.

Beth is Executive Director of The Link, a youth and adult-led nonprofit based in north Minneapolis., which provides emergency shelter, housing and supportive services for youth who are experiencing homelessness, who have been sex-trafficked and/or who are involved in the juvenile justice system. Terry, a survivor, is the Executive Director for Breaking Free -- an organization that functions to eliminate sex oppression and all forms of trafficking.

A12/B12* 90 Minute Session
Beyond Belief: The Power of Forgiveness

with *Mary Johnson-Roy*

“From Death to Life” is an organization dedicated to ending violence through healing and reconciliation between families of victims and those who cause harm. How does a parent come to terms with the impact of homicide by paying attention to emotional, spiritual, mental and physical healing? Come and experience the journey by one who has traveled this path and learn the possibilities for healing in our communities.

Mary Johnson-Roy founded the “From Death to Life” organization in 2005, shortly before she came to forgive Oshea Israel, the young man who took her only son’s life 12 years earlier. She now claims Oshea as her “spiritual son.”

Session A

Workshops
10:00 - 10:45am

A13/B13*

90 Minute Session

MPD150: Re-imagining Public Safety in Minneapolis

with Tony Williams

For the past 150 years, the Minneapolis Police Department has kept our city safe – or have they? MPD150 is a community initiative challenging the idea that the police exist to protect and serve. Over the past few years, we've been researching the history of the department, interviewing community members, and examining public safety alternatives. Join us as we re-imagine what community safety and peacemaking looks like without the police.

MPD150 is a diverse, non-hierarchical community coalition working to find better alternatives to the police.

A14

My Trans Faith and Session

with Lawrence T. Richardson

This workshop begins with the personal journey of Rev. Richardson, and then leans into the examination of the social reality for transgender people. Our time together will include a call to action for all those who want to create a mainstream society in which transgender people can thrive. Come and be in an open space to learn and explore the possibilities.

Lawrence T. Richardson is a minister, published writer, and social advocate who uses multiple online platforms to advocate for social equity, express relevant content, and communicate inspired information. He serves at Linden Hills UCC.

Workshops

11:00 - 11:45am

Session B

* Workshops B2, B3, B5, B6, B9, B10, B11, B12 and B13 are 90 minute sessions. See Session A for description of workshops and presenters.*

B1

Facing Trauma: Using Vulnerability & Compassion to Re-create a World Beyond Violence

with Sara Wilhelm Garbers

Repeat of workshop A1. See Session A for description of workshop and presenter.

B4

Changing Our Understanding of God... Changes Everything

with Emily Jarrett Hughes

To move toward peace, toward a more regenerative culture, we often speak of changing our work, our sense of purpose, our use of resources, and our system of governance. Transformation, though, is also completely entwined with changing our understanding of God. We will explore the theological underpinnings of our culture of extraction and violence. How much have we been unconsciously driven by a God in the sky throwing thunderbolts? In contrast, the God of relationship (Trinity) invites us into community, cooperation, and sustainability. A movement meditation will be used to explore entering into the flow of this God of transformation. This is the first of three related workshops, see C5 and D5.

Emily Jarrett Hughes uses classes and one-on-one sessions to help creative, big-hearted people seek a deeper experience of transformation for themselves and for the world.

B7

On Nailing the Re-Imagining Theses to the Door of the Church: One More Try

with Mary Ann Lundy

Re-Imagining, a 1993 international conference, included presentations by leading feminist/womanist/mujerista/Asian theologians, worship rituals shaped by feminist theology, and the use of inclusive language for God. This led to a national debate on feminist theology that was not confined to churches but carried on in newspapers across the country and on episodes of Nightline and the MacNeil-Lehrer NewsHour. We will reflect on repercussions, fall-out, and what we learned from the first Re-Imagining Conference. The "history" will be shared followed by group discussion about the present reality – and whether it is different or not.

Mary Ann Lundy, former Presbyterian Church (USA), was one of the originators of the 1993 Conference.

B8

Non-Violent Communication: Introduction

with Yvette Erasmus

Repeat of workshop A8. See Session A for description of workshop and presenter.

B14

Understanding Gender

with Lawrence T. Richardson

How is gender, as a social construct, different from and separate from sexual orientation? This workshop will invite us to consider these social constructs and then to analyze the spectrum of gender identity alongside common perceptions of gender roles and personal gender expression. How do we live into new realities that will foster relationship and non-violence?

Lawrence T. Richardson is a minister, published writer, and social advocate who uses multiple online platforms to advocate for social equity, express relevant content, and communicate inspired information. He serves at Linden Hills UCC.

Session C

Workshops
1:45 - 2:30pm

C1

Facing Trauma: Using Vulnerability & Compassion to Re-create a World Beyond Violence

with Sara Wilhelm Garbers

Repeat of workshop A1. See Session A for description of workshop and presenter.

C2

Dismantling White Supremacy: A Discussion

with Seth Patterson

These sessions will consist of a discussion born out of the thoughts, questions, reactions and concerns from the performance of Dismantling White Supremacy: A Prophetic Approach. Seth Patterson will facilitate the discussion about prophecy, white supremacy and the dismantling thereof. Be sure to see the play in the Sanctuary over the lunch hour if you plan on participating in this workshop.

Seth Patterson is the Director of Children & Youth Ministry at Plymouth Congregational Church. He is also a facilitator for the Chicago Commons Project, a program of resilience and imagination for early-career clergy through the University of Chicago Divinity School. Before pivoting to ministry, Seth was a theater artist and educator.

C3/D3*

90 Minute Session

I See You: The Evolution of the Beloved Community

with Sherri Orr and Dorothy Nins

Repeat of workshop A3/B3. See Session A for description of workshop and presenter.

C4

Concerned Persons: When You Know and Care About Someone Who is Being Abused

with Cheryl Kolb-Untinen

A strong support system can be essential to one who is experiencing domestic violence and abuse – how can you best help someone you care about who may be this victim? As a support person, you may often experience your own frustration and sense of powerlessness. Hear the story from two persons whose search for support and education led to the formation of a Cornerstone Concerned Persons Support Group. Utilizing the book, Family and Friends' Guide to Domestic Violence, by Elaine Weiss, you will learn how to become the best support person for those who have been abused.

Cheryl Kolb-Untinen is the Community Services Manager at Cornerstone and has more than 20 years of experience working with survivors of sexual and domestic violence in a multitude of settings.

C5

We Are All Family

with Emily Jarrett Hughes

We protect what we love. What if we each truly looked at our neighbors, strangers, and the earth as family? On some level, you might think of yourself as part of one earth family. But for most of us, it stops at being a nice idea, not an actual, integrated feeling. Yet as divine has incarnated through the cosmos we have been and always will be family. Through an in-depth guided meditation we will enter into the cosmic story and contemplate our relatedness. You will leave having identified spiritual practices to continue cultivating this heart-based understanding that we are all one family. This is the second of three related workshops, see B4 and D5.

Emily Jarrett Hughes uses classes and one-on-one sessions to help creative, big-hearted people seek a deeper experience of transformation for themselves and for the world.

C6/D6*

90 Minute Session

Storytelling to Change the World

with Shannon TL Kearns

Repeat of workshop A6/B6. See Session A for description of workshop and presenter.

C7

Faith in our Police: How We Lost It, How We'll Get it Back

with Bill Woodson

Fatal encounters between the police and Jamar Clark, Philando Castile, and Justine Damond have caused nearly every Minnesotan to rethink their relationship to, and question their faith in, law enforcement. But these incidents are but three datapoints in a long national history of strained relationships and broken trust. We will review the historic roots of the tradition of law enforcement in America. Then in interactive format, we will explore: how concerns that have long been confined to communities of color have come to take center stage in America; the way forward in establishing public trust in the local police; the role of media and technology; and, past practices of police culture and police selection that may have contributed to the problem. That will move the conversation into how emerging practices might or might not contribute to future solutions.

Bill Woodson is currently doing research in this area for a Ph.D. program in Organizational Leadership at the U of MN, and has facilitated numerous dialogue groups in which people bring strong, opposing opinions, including recent groups on law enforcement and the community.

C8

Nonviolent Communication:

Focus on Intimate Partnerships

with Yvette Erasmus

Nonviolent Communication (NVC) has been described as a language of compassion, a spiritual practice, and a tool for positive social change! You will receive an introduction to NVC with the focus on how these principles apply to Intimate Partnerships and lead to deeper, more respectful, empowering connections with your partner. (The Introduction sessions to NVC are held in Session A and Session B; please consider attending that workshop as a prerequisite for this workshop.)

Yvette Erasmus is a psychologist and writer who focuses on deeply understanding implicit social-emotional dynamics that drive conflict and increase human suffering and violence. Her work integrates a unique blend of humor and wisdom, openness and honesty, and a deep generosity of self and spirit.

C9

Be SMART: A Conversation about Kids, Guns, and Safety

with Marit Brock

Every year in the USA, nearly 300 children, age 17 and under, gain access to a gun and unintentionally shoot themselves or someone else. Nearly 500 more children and youth die by suicide with a gun. Many of these deaths are entirely preventable with responsible gun storage. Be SMART provides simple steps we can all take to prevent the unintentional deaths of children by firearms. This interactive presentation will offer guidance to help protect our children and tools to make this a reality. Together, let's imagine a world in which families and communities do not have to grieve the loss of their children to unintentional gun violence and let's work together toward that goal.

Marit Brock is a mom, gun violence survivor and a founding member of the Minnesota chapter of Moms Demand Action for Gunsense in America.

Session C

Workshops
1:45 - 2:30pm

C10/D10* 90 Minute Session **Sexual Exploitation and Trafficking: How to Identify and Respond**

with Beth Holger-Ambrose and Terry Forliti

Repeat of workshop A10/B10. See Session A for description of workshop and presenter.

C11 **From Resistance to Relationship** with Rachael Keefe

We will explore and learn more about the ways in which LGBTQ+ continue to experience violence through all aspects of life. Then we will explore ways of making changes that will reduce, if not eliminate, these forms of violence. Leave with practical steps you can take to live in a world without violence toward LGBTQ+ people.

Rachael Keefe is the pastor at Living Table UCC Church in Minneapolis.

C12 **Clean: An Exploration of Cleanliness and Rebirth**

with Hawona Sullivan Janzen

Hawona Sullivan Janzen and the musicians of the Sonoglyph Collective will present an improvisational jazz performance of her poetry collection "Clean." Based on real and imagined stories, "Clean" explores human narratives of soul enlightenment from our periodically soiled states to the constant path of self purification and recovery from the mistakes of the past.

Hawona Sullivan Janzen is a Twin Cities based visual arts curator, poet, singer/songwriter and spoken word artist. She performs with local music and poetry group, The Sonoglyph Collective.

C13/D13* 90 Minute Session **Naming Our God: Words that Hurt, Words that Heal**

with Debra Jene Collum

How can the ways we name God change our understanding of self, neighbor, stranger other? Can an all-powerful God also be a God of compassion and justice? You are invited to explore the ancient and modern Christian naming of God, to help foster peaceful co-existence and healing in our lives and the lives of our communities. Yes, the language we use can radically change our perception of the world, ourselves, and each other. Let's discover these ways together.

Debra Jene Collum has led workshops in churches around Minnesota on the role of women and the naming of God.

C14 **Disarming the "Hasslers" in Life – With a Little Help from Neuroscience**

with Joan Haan

How do you prepare for a difficult encounter in your community, at a protest, with a colleague, or even with family members? What does it mean to be a nonviolent practitioner? What attitudes, postures and ways of being are "disarming?" Neuroscience is teaching us much these days! Come try out some new strategies, new neuropathways, and discover what neuroplasticity and mirror neurons are teaching us. This workshop is a safe and playful environment for practicing ways to "be peace" and engage in conflict using nonviolence and respectful relationship building techniques. Come with curiosity and leave with new, engaging nonviolence practices.

Joan Haan is a Leadership Coach, with emphasis in Neuroscience, Consciousness and Transformational Coaching. She leads groups and advises many faith communities/organizations.

D1 **Building Community Resources in a Time of Violent Capitalism**

with Liz Loeb

At a time when many of us are turning to a spiritual examination of racism, white supremacy culture, and intersecting systems of oppression, we have the opportunity to rethink and reform the basic ways in which we build and share resources towards collective liberation. Capitalism teaches us to do things on our own, to keep what we have, and to commit to a worldview of scarcity and separation. Community resourcing, builds on our creativity, our connected and authentic relationships, and on the deeper truths of our human interdependence. Explore new forms of community resourcing, the violence that extractive capitalism has visited on our communities, and ways in which we can engage in repair and rebuilding in the here and now.

Liz Loeb is the Associate Director for the Kaleo Center for Faith, Justice and Social Transformation -- an initiative of United Theological Seminary of the Twin Cities.

D2 **Dismantling White Supremacy: A Discussion**

with Seth Patterson

Repeat of workshop C2. See Session C for description of workshop and presenter.

D4 **Co-Creating with Chaos: A Path to Non-Violent Living**

with Cathy M. Kolwey

What if violence is unnatural and the result of being cut off from one's inherent creativity? Immerse yourself in this reflection as we look at how consumption (and other cultural norms) has replaced creativity, how expressive arts help to overcome trauma and violence, and consider a continuum from destruction to creation. You will be shown examples of artists/creators who have embraced creativity as a non-violent path. There will be time to reflect on your creativity and how to utilize it in real situations.

Cathy M. Kolwey uses the work of Rene Girard's Memetic Theory and Cathy Malchodi's work with expressive arts.

* Workshops D3, D6, D10 and D13 are all 90 minute sessions. See Session C for description of workshops and presenters.*

D5 **Embodying Peace**

with Emily Jarrett Hughes

Creating a world without violence includes freeing ourselves from the ways we are hard on ourselves, run our bodies ragged, flirt with burnout, over-consume, and fear we will never have/be enough. In essence we need to free every cell of our bodies from a hierarchical and objectifying theology. We will focus on breath and meditative movement, as the breath is a foundational way to prepare ourselves to receive the outpouring of God's love. These practices, and more, create a body memory of the peace that is possible within ourselves so we may carry it into the world. This is the third of three related workshops, see B4 and C5.

Emily Jarrett Hughes uses classes and one-on-one sessions to help creative, big-hearted people seek a deeper experience of transformation for themselves and for the world.

D7 **Faith in our Police: How We Lost It, How We'll Get it Back**

with Bill Woodson

Repeat of workshop C7. See Session C for description of workshop and presenter.

Session D

Workshops
2:45 - 3:30pm

D8

Nonviolent Communication: SFocus on Parenting Applications

with Yvette Erasmus

Nonviolent Communication (NVC) has been described as a language of compassion, a spiritual practice, and as a tool for positive social change! This session provides an introduction to NVC focusing on how these principles apply to Parenting Challenges and Developmental Stages with specific focus on moving away from “Power-Over” strategies and towards relationship-based strategies with children. Ultimately, it involves a radical change in how we think about life and meaning. Youth are welcome! (The Introduction sessions to NVC are held in Session A and Session B; please consider attending that workshop as a prerequisite for this workshop.)

Yvette Erasmus is a psychologist and writer who focuses on deeply understanding implicit social-emotional dynamics that drive conflict and increase human suffering and violence. Her work integrates a unique blend of humor and wisdom, openness and honesty, and a deep generosity of self and spirit.

D11

From Resistance to Relationship

with Rachael Keefe

Repeat of workshop C11. See Session C for description of workshop and presenter.

D12

How Art Helps Us to Re-Imagine

with Hawona Sullivan Janzen

A conversation with curator and poet Hawona Sullivan Janzen exploring the role art can play in helping us re-imagine and remove violence from our world. Part discussion and part writing workshop, participants will leave this session with hands on strategies for pushing beyond your comfort zone to re-imagine a better world for ourselves and others.

Hawona Sullivan Janzen is a Twin Cities based visual arts curator, poet, singer/songwriter and spoken word artist. She performs with local music and poetry group, The Sonoglyph Collective.

D14

Disarming the “Hasslers” in Life – With a Little Help from Neuroscience

with Joan Haan

Repeat of workshop C14. See Session C for description of workshop and presenter.